



JOHN WARRINGTON

COACHING PROFILE



Approach and Style

I have a great track record of helping business people achieve their full potential. By bringing a sharp focus to their business lives I enable them to balance their time across those activities that are really important and produce the greatest returns. Overall my main objective is to see my clients, happy, healthy and successful.

I use straightforward exercises to help guide and support people in key areas in business and in life, and been consistently successful in helping people for the last 30 years. I am committed to integrating personal goals for success with both short and long term business objectives. I believe effective work-life integration is a critical success factor for developing executives and leaders of the future.

I am particularly good at building a partnership with clients, and have a clear focus on their needs. I display a commitment to continuous learning based on real day to day issues and experience and make use of an action based approach to drive change and improvement in personal and professional effectiveness and performance.

I believe that “anything is possible” and it is when the client has a deep enough desire to succeed. Continually practicing the highest personal and professional values and ethics, my style is warm and friendly and when appropriate humorous, and always practical. Client’s attitude to goals and self esteem improvements are measured and monitored throughout the relationship which typically lasts for 2-4 hours a month and for a 4-6 month cycle.

Background and Qualifications

- An elected Member of the Association for Coaching (MAC) since 2006.
- Personal Excellence in Life Limited formed January 2006.
- Coaching systems and practice developed over 30 years whilst employed by HBOS.
- Business Practitioner of Neuro Linguistic Programming
- Fellow of the Chartered Institute of Bankers (now ifs School of Finance)
- I have worked with clients from all walks of life and at all levels from:- Business Owners, CEO’s, Directors, Managing Directors, Account Managers, Logistics Managers, and Sales Managers to Supervisors, Sales and Clerical Assistants, and Call Centre Managers and staff.

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